


ST. ALBERT CATHOLIC WOMEN'S LEAGUE

Edition: February 2010

<p>CWL EXECUTIVE</p> <p>Spiritual Advisor: Fr. Andrez Stendzini</p> <p>President: Huguette Van Halst</p> <p>President Elect: Claire Bremault</p> <p>Past President: May Carline</p> <p>Secretary: Joan Stang</p> <p>Treasurer: Elaine McCracken</p> <p>Spiritual Development: Laurel Lutes</p> <p>Chrisitan Family Life: Rose Hornsberger</p> <p>Community Life: Kathy Thackery</p> <p>Education & Health: Anne Buccini</p> <p>Communications: Dee McMorris</p> <p>Legislation&Resolution: Judy Victoor</p> <p>Organization: May Carline</p> <p>Parish Liaison: Rita McGregor</p>	<p>FROM THE DESK OF YOUR PRESIDENT</p> <hr/> <p>Dear CWL Sister's,</p> <p>Thank you for your great response to our Election in December and a special thank you to the many ladies who were nominated and let their names stand for election.</p> <p>As we begin a new Executive I ask for your prayers and support as we all work for the betterment of our Council.</p> <p>Our Easter Bake Sale will be a bit early this year and as usual we will be having some work bees to make perogies and pies. If you have never attended one of our work bees I encourage you to come. They provide an opportunity to make new friends and we all have such a great time together.</p> <p>We have inserted in this letter a copy of the 2010 Financial Budget and the 2010 Calendar of events for the year. Many great things are planned and I hope you will be able to attend to give us your support, and we always welcome new ideas.</p> <p>Once again we will be part of the World Day of Prayer. It will be held at Braeside Presbyterian, 6 Bernard Dr. On March 5/2010 @ 7:30pm. This is a great opportunity to be part of the Christian Community in St. Albert.</p> <p>If you have not renewed your membership there is an application in this newsletter that you can fill in and place in the Sunday collection basket.</p> <p>Thank you again for your support,</p> <p style="text-align: right;">Huguette</p> <div style="text-align: center;">  </div>	<p>UPCOMING EVENTS</p> <p style="text-align: center;">2010</p> <p>Mar.2–Executive Mtg. Mar.5-World Day Prayer Mar. 11–Parish Reconciliation Mar. 16- CWL Gen'l Mtg. w/Sister Eveline Gagnon Mar. 22 – Pie Making Bee Mar. 27 & 28 – CWL Bake Sale – after each Mass Apr. 6- Executive Mtg. Apr. 16-18-Diocesan Convention, Olds Apr. 20 – Spring Tea, 7 p.m., Parish Hall. May 4 –Executive Mtg. May 18 – CWL Gen'l Mtg. May 28-30 – Provincial Convention - Fairview June 1 –Executive Mtg. June 15 –Potluck Supper Aug. 15 – Pilgrimage at the Grotto Aug. 8-11 – National Convention - Ottawa Sept. 7 –Executive Mtg. Sept. 21 –Gen'l Mtg. Oct. 5- Executive Mtg. Oct. 19 – CWL Gen'l Mtg. Oct. 23 – Parish Fall Supper Nov. 2 –Executive Mtg. Nov. 16 – Memorial Mass & Gen'l Mtg. Dec. 4-5 – Fall Bake Sale Dec. 7 – Executive Mtg. Dec. 21 – CWL Gen'l Mtg. Jan. 18/11 – Mass, Potluck & Membership</p>
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**SPIRITUAL
ADVISOR
MESSAGE**

Ash Wednesday is the beginning of a special time of preparation.

We have 40 days to prepare ourselves for the reception of new life at Easter.

Through prayer, fasting and works of charity we are to prepare ourselves for the most important celebration in the church's year – the Triduum.

Those celebrations are very relevant to our everyday lives. Holy Thursday reminds us of the need to serve one another. Jesus washed his disciples' feet and he left us an example how to serve others. He also gave us the gift of the Eucharist – a special food for the journey of life.

We are called to nourish one another as we journey together as God's children.

Good Friday reminds us of the cross, suffering and death of Jesus. These are parts of our lives as well.

Easter – the celebration of new life gives us hope. The cross was not the end for Jesus and it is not the end for us.

We are called to be people of the resurrection who always look to the future with hope.

May this time of Lent help us to renew ourselves and to prepare our hearts for the joyful celebration of Easter.

Father Andrew

**10 TOP REASONS
FOR BELONGING TO THE CWL**

*Velma Harasen,
National Chairperson – Organization*

1. The CWL deepens my faith life, enhancing my spiritual journey.
2. The CWL is a supportive sisterhood that enjoys having fun.
3. I get to know the women in my parish community and develop friendships.
4. I am part of the largest national organization of Catholic Women.
5. I am part of the united voice for Catholic women when representatives meet with the provincial and federal governments.
6. I receive the *Canadian League* magazine three times per year.
7. The CWL is the heart of the parish and works on many projects in the parish and community.
8. The CWL provides an opportunity for leadership development and education on issues of concern.
9. The CWL is open to women of all ages and embraces many traditions.
10. I can attend diocesan, provincial and national conventions.



CWL Religion Award – This years recipient was Veronica Kube. She is seen here with our Past President, May Carline.

CWL Memorial Mass – Nov. 17/09. This evening mass was dedicated to our deceased sisters. Their many virtues have provided inspiration for us to follow in their footsteps.

Prayer Shawl Ministry – We now have three completed Prayer Shawls and hope to have more completed in the near future. If you would like to take part in this ministry please contact one of us.

November Bake Sale – was another huge success thanks to the generous talents and efforts of everyone who took part. The winners of our raffles were: Antoinette Dancels, Brett Hammerlindl, Jeanne Terrault, Don McDonald, Ron Van Halst and Jayce Smith.

New Executive: First of all thanks to everyone who allowed their names to stand. It was very heart warming to see so many names for each position. Our new executive consists of:

- Past President: May Carline
- President: Huguette Van Halst
- President Elect: Claire Bremault
- Secretary: Joan Stang
- Treasurer: Elaine McCracken
- Convenors: Laurel Lutes, Dee McMorris, Kathy Thackery, Judy Victoor, Anne Buccini, and Rose Hornsberger.

We extend our thanks to our past executive who gave so willingly of their time and talents.

World Day of Prayer: This year it is being held at the Braeside Presbetyrian Church at 7:30 p.m., March 5. Please feel free to join everyone at this inter-denominational service.

2010 C.W.L. Membership: Our membership gives us the opportunity to be of service in many ways, in our parish and community. Membership also gives us the opportunity for spiritual development and growth in our faith, and gifts of friendship with other members are formed through our Catholic faith dedication. Memberships are now due. We appreciate your assistance in completing the form below to update our information. Enclose either \$20 cash or a cheque payable to the “*Catholic Women’s League St. Albert Council*” in an envelope clearly marked “CWL” and drop it in the Sunday collection basket or mail to P.O. Box 74, St. Albert, T8N 1N2.

Name: _____

Address: _____

Postal Code: _____

Phone: _____

Birthdate: Month _____ Date _____

Renewal: _____ New to CWL: _____

New to St. Albert Council: _____

Transferred from: _____

Cheque: _____ Cash: _____

Email Address: _____

CWL Basket Raffle

Our CWL council is committed to supporting the hosting committee for the National CWL Convention to be held in Edmonton

in 2012 with a payment of \$2.00 per member for the next 3 years. This convention commemorates the 100th anniversary of the establishment of the CWL



that occurred in Edmonton at St. Joachim's parish. Our CWL basket raffle is an aide to offset this extra expense. Our raffle held on February 14th was won by Pauline Bowman. Our next raffle will be held following the K. of C. Breakfast and then our Bake Sale. The raffle winner name will be announced after the 11:00 Mass on the 28th of March.

March 16th General Meeting – This meeting's guest speaker will be Sister Eveline Gagnon who will be speaking to us on a Lenten reflection with a theme of Reconciliation. Please join us and bring a friend. Everyone is welcome.



Maple Leaf Service Award:

This award is presented to those who have shown outstanding dedication to the CWL for at least 7 years. We are happy to announce that Claire Bremault received this prestigious award at our December meeting. Congratulations Claire. You truly are a special lady and we do appreciate all your selfless efforts.

CWL Council Protocol For Deceased Members: It is fitting that council members take time to remember our deceased members in a special way, therefore, a council protocol has been established to ensure our respectful farewell. We sincerely appreciate your participating when called by our phoning committee.

Do you have an e-mail address and would like to have your Newsletter emailed rather than mailed. If so, submit your address to: okmcmorris@hotmail.com so that your CWL Newsletter can be emailed.

Twelve Things to Give Up for Lent:

1. Having to have the last word.
2. Taking those you love for granted.
3. Worrying about things you cannot change or control.
4. Losing your temper.
5. Trying to be a perfectionist.
6. Patronizing people who work for or with you.
7. Complaining.
8. Carrying grudges.
9. Expecting to be bored by any and all sermons.
10. Nagging.
11. Thinking about money.
12. Feeling sorry for yourself.

The Meaning of Prayer

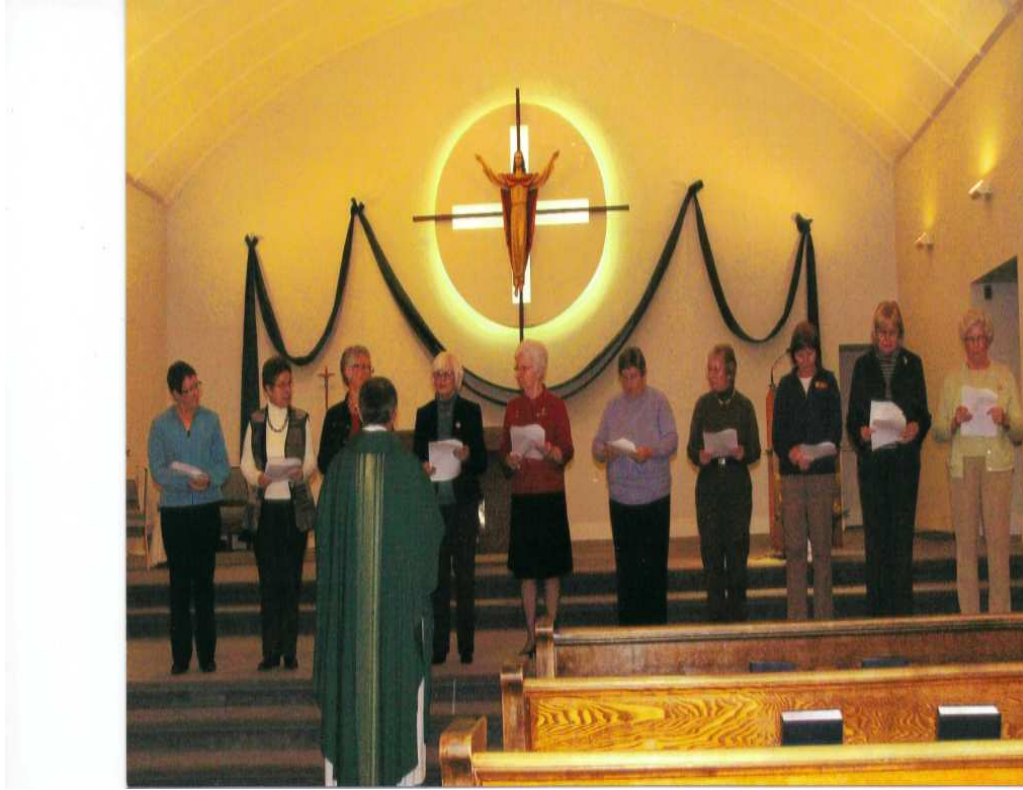


*A breath of prayer in the morning
Means a day of blessing sure.
A breath of prayer in the evening
Means a night of rest secure.
A breath of prayer in our weakness
Means the clasp of a Mighty hand.
A breath of prayer when we are lonely
means someone to understand.
A breath of prayer in our sorrows
Means comfort, peace and rest.
A breath of prayer in our doubting
Assures us the Lord knows best.
A breath of prayer in rejoicing
Gives joy and added delight.
For they that remember God's goodness
Go singing far into the night.
There is never a year or a season
That prayer may not bless every hour
And never a soul need be helpless
When linked with God's infinite power.*

Author Unknown

St. Albert CWL Council Budget – 2010

Revenue	2009 Actual	2010 Budget
Per Capita National Surcharge	\$ 1,280.00	\$ 1,280.00
Per Capita Council Surcharge	320.00	320.00
Interest	1.91	2.00
Easter Bake Sale	2,286.65	2,200.00
Fall Bazaar	5,190.50	5,200.00
Coffee Corner	61.50	65.00
Mini Raffle	129.00	195.00
Donations	335.50	350.00
Funerals	1,000.00	1,000.00
Bingo	880.00	600.00
Total	\$11,485.06	\$11,212.00
Administration Expenses		
Per Capita National	\$ 1,384.00	\$ 1,280.00
Administration	456.78	300.00
Liability Insurance	86.00	87.00
Convener Expenses	630.76	500.00
Fall Bazaar Expenses	1,030.66	1,000.00
Bingo	960.00	600.00
Funeral Lunch	159.67	300.00
Easter Bake Sale Expenses	454.67	500.00
Donations	1,975.00	2,500.00
Clergy Gifts	373.71	300.00
Member Obligations	149.79	200.00
Meetings & Conventions	563.00	900.00
National Supplies	92.50	150.00
Scholarships – Religion Awards	214.57	125.00
Bank Charges	95.18	25.00
Miscellaneous Expenses	0.00	50.00
Special Events	363.69	150.00
Newsletter	424.86	250.00
Zone Fee Registration	174.00	160.00
P.O. Box Rental	131.25	135.00
Parish Projects	1,865.00	1,625.00
Diocesan Chapel Support	75.00	75.00
Total	11,660.09	11,212.00



Our 2010-2011 Executive (left to right)

Judy Victoor, Dee McMorris, Laurel Lutes, Huguette Van Halst, Claire Bremault, Joan Stang, Elaine McCracken, Kathy Thackeray, Anne Buccinni, May Carline (Missing is Rose Hornsberger). Father Andrew presiding.